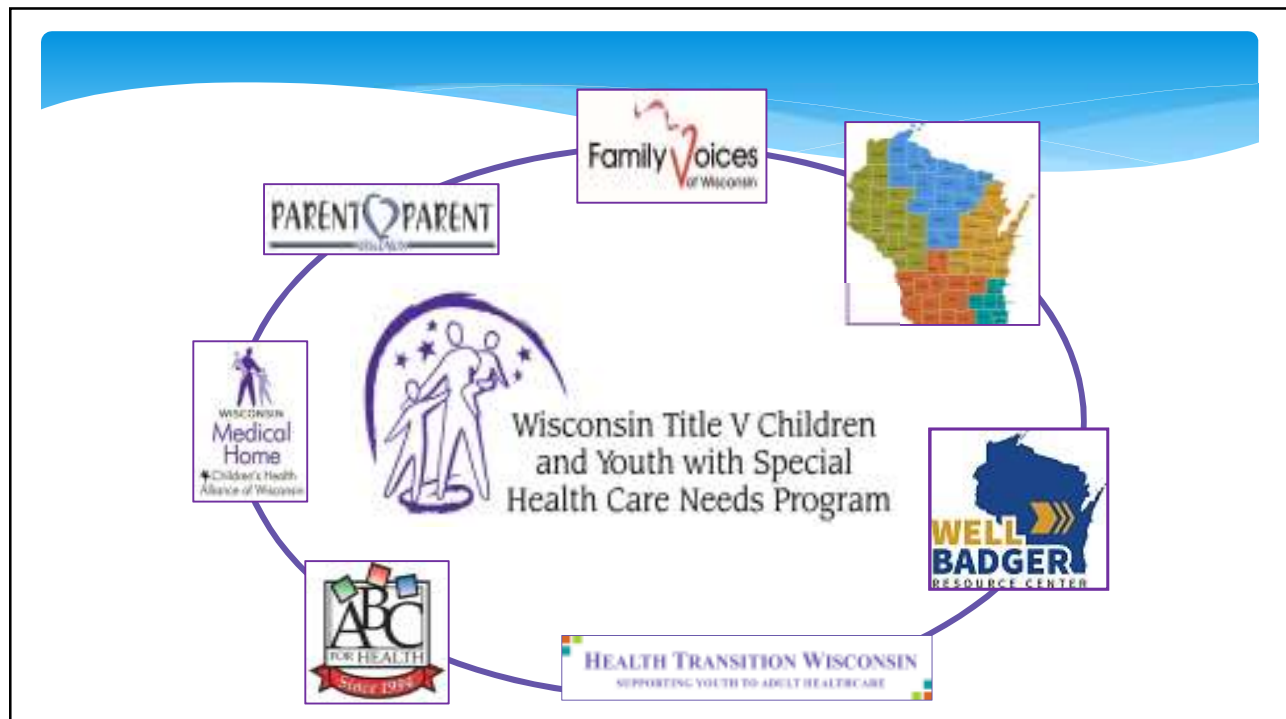


# Care Mapping

An interactive session to begin to create a diagram to help support and guide your family and care teams



# Five Regional Centers



# Northern

Location: Wausau  
Phone: 715-261-1906  
Toll Free: 866-640-4106

[specialneedsinfo@co.marathon.wi.us](mailto:specialneedsinfo@co.marathon.wi.us)  
[northernregionalcenter.org](http://northernregionalcenter.org)



## Northeast

Location: Neenah

Phone: 920-969-5325

Toll Free: 877-568-5205

[infonerc@chw.org](mailto:infonerc@chw.org)

[northeastregionalcenter.org](http://northeastregionalcenter.org)



## Southern

Location: Waisman Center, Madison

Phone: 608-265-8610

Toll Free: 800-532-3321

[cyshcn@waisman.wisc.edu](mailto:cyshcn@waisman.wisc.edu)

[waisman.wisc.edu/cyshcn](http://waisman.wisc.edu/cyshcn)



## Southeast

Location: Children's Hospital of WI, Milwaukee

Phone: 414-266-6333

Toll Free: 800-234-5437

[serc@chw.org](mailto:serc@chw.org)

[southeastregionalcenter.org](http://southeastregionalcenter.org)



## Western

Location: Chippewa Falls

Phone: 715-726-7907

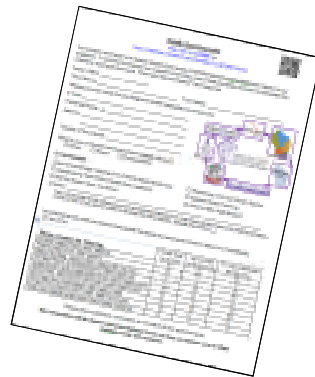
Toll Free: 800-400-3678

[cyshcn@co.chippewa.wi.us](mailto:cyshcn@co.chippewa.wi.us)

[co.chippewa.wi.us/CYSHCN](http://co.chippewa.wi.us/CYSHCN)



**"We're here for a reason. I believe a bit of the reason is to throw little torches out to lead people through the dark." *Whoopi Goldberg***



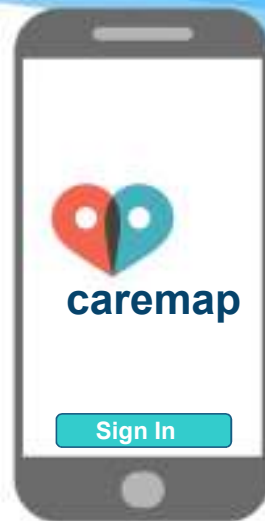
## What is a Care Mapping?

- A process which guides and supports families and health care professionals to work together to achieve the best possible health outcomes.
- A family-driven, person-centered process which highlights a family's strengths and communicates both the big picture and the small details of all of the resources needed to support a child and their family.


## A Care Map is a Snapshot



## Caremap App



# Research on Care Mapping



The Utility of Care  
Maps for Children  
with Medical  
Complexity  
- Sherri Adams


## Potential Outcomes

- 1. Care Coordination** – The care map is a document that “filled in the gaps” related to a child’s care that many health care providers are not aware of. It may help avoid duplications and provide a better understanding of how one thing affects another.
- 2. Family Centered Care** – The care map visually depicts the complex matrix of a child’s required care and helps a health care provider better understand the family’s needs and family life. Parents and health care providers felt this may help to tailor care to a family’s capacity and support partnerships in care.

## Potential Outcomes

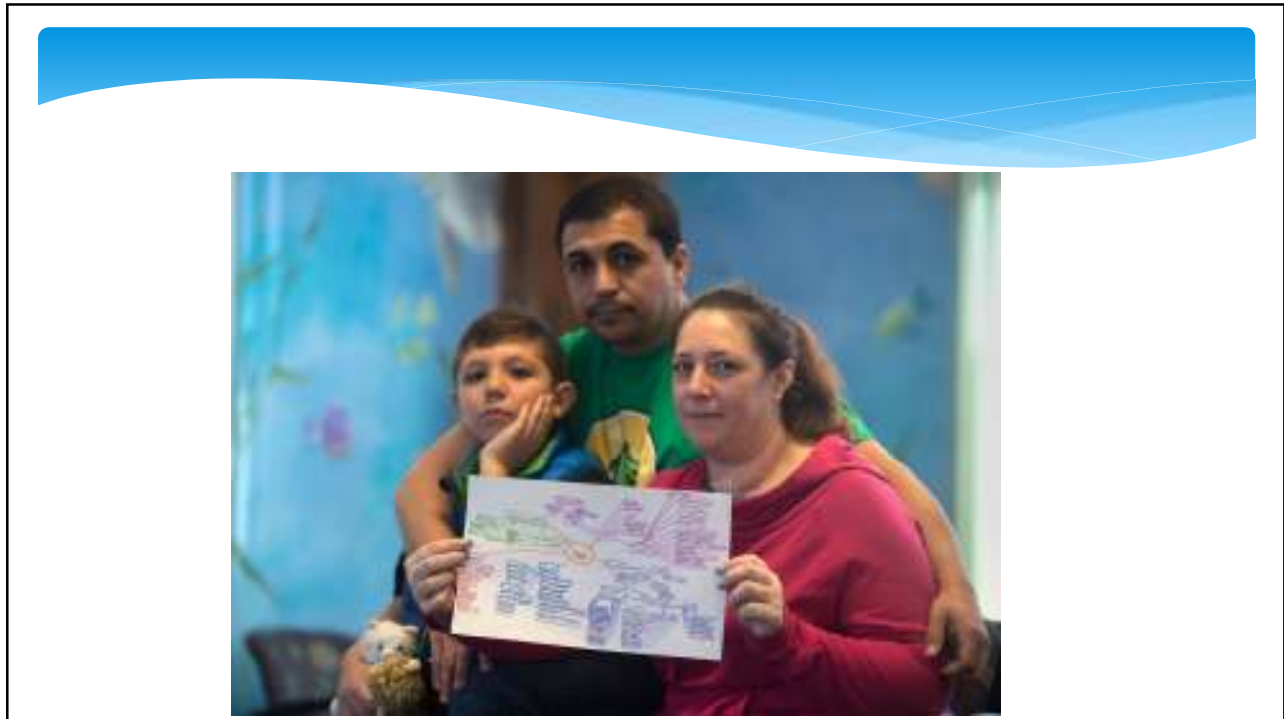
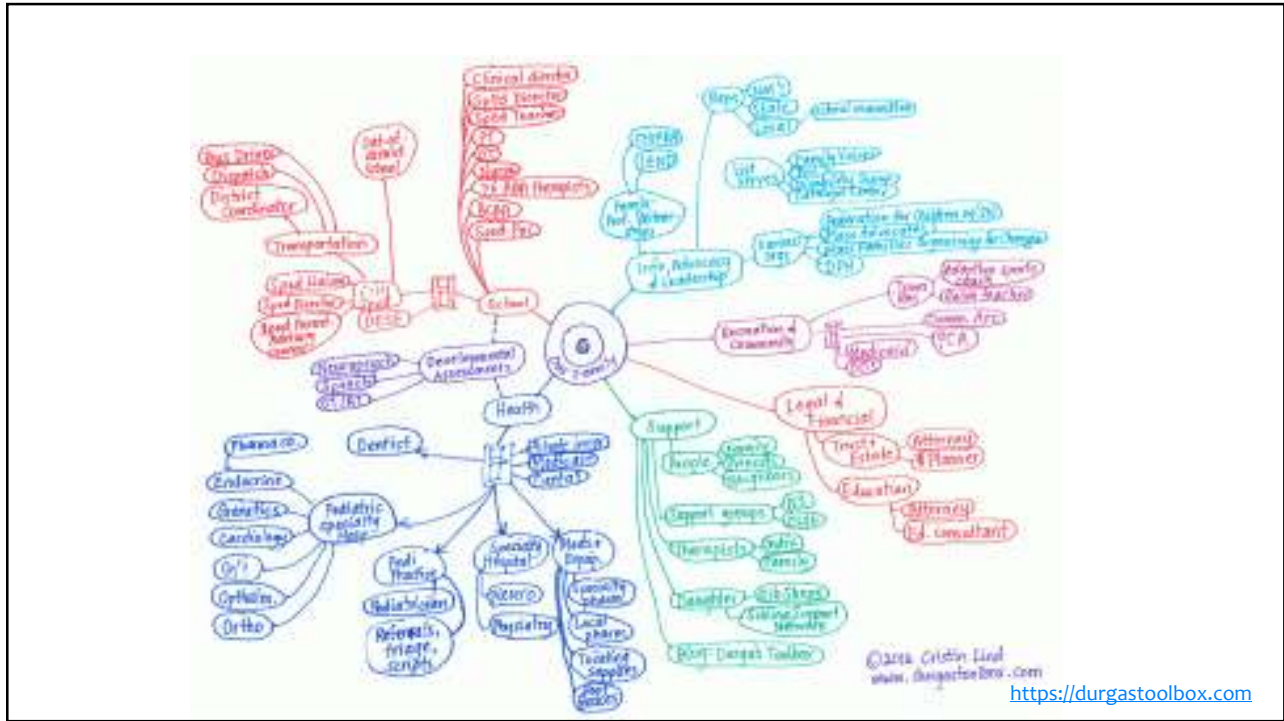
- 3. Goals of Care** – The care map helps identify what is important to the family. It shows things that parents think are helpful to support the child that health care providers might not have identified and subsequently highlights patient and parent goals of care.
- 4. Anticipatory Guidance** – Care maps are a tool that may help families understand what to expect in the future care of their child, to help with decision making, or may be helpful for other parents to view a care maps to get an understanding of the future.
- 5. Therapeutic Process** – Relates to parental reflection on the process of making the care map and what was learned or what emotions were identified from doing this.

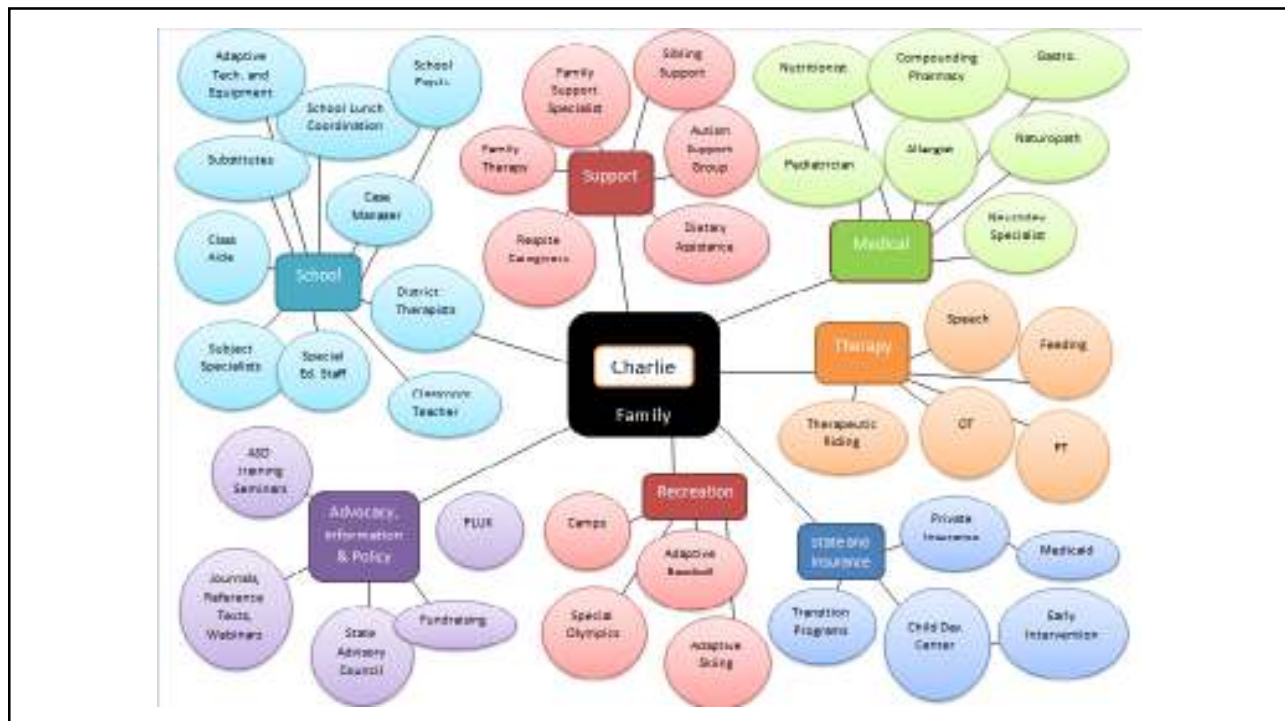
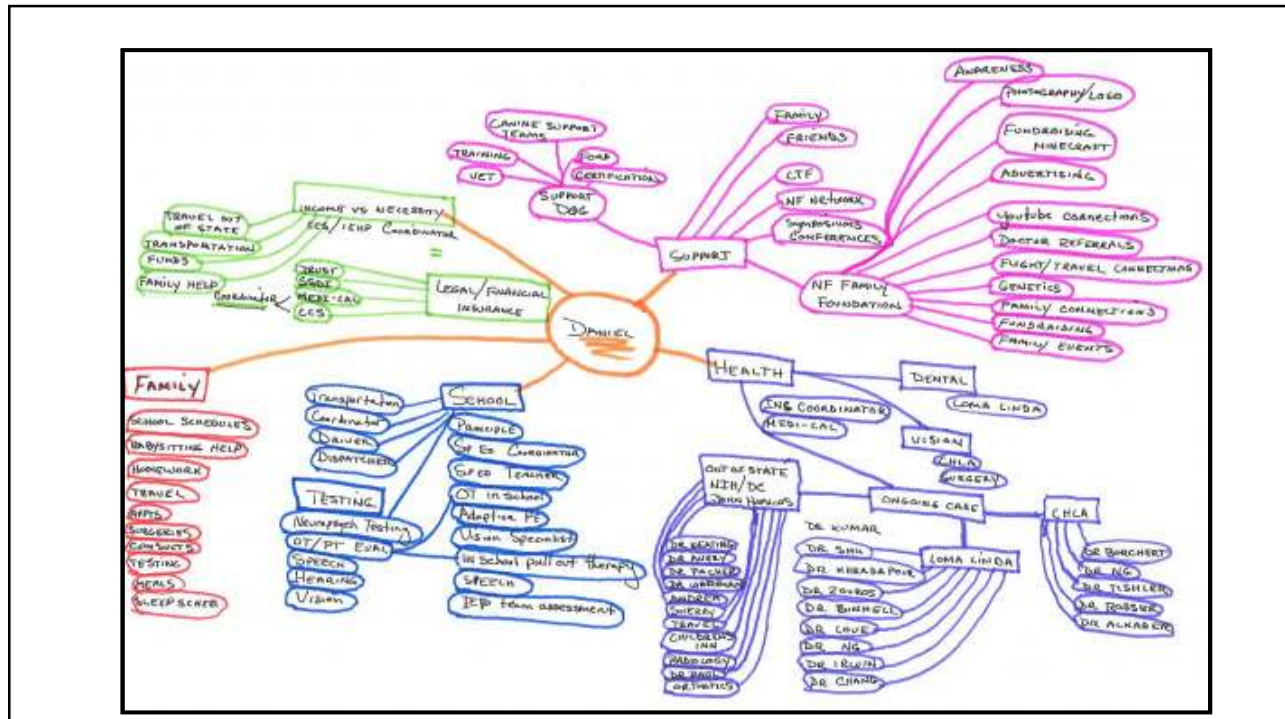
## Origin of Care Mapping



Patient Engagement  
Resources: Care  
Maps And Clinical  
Trials  
(stop at 3:25)

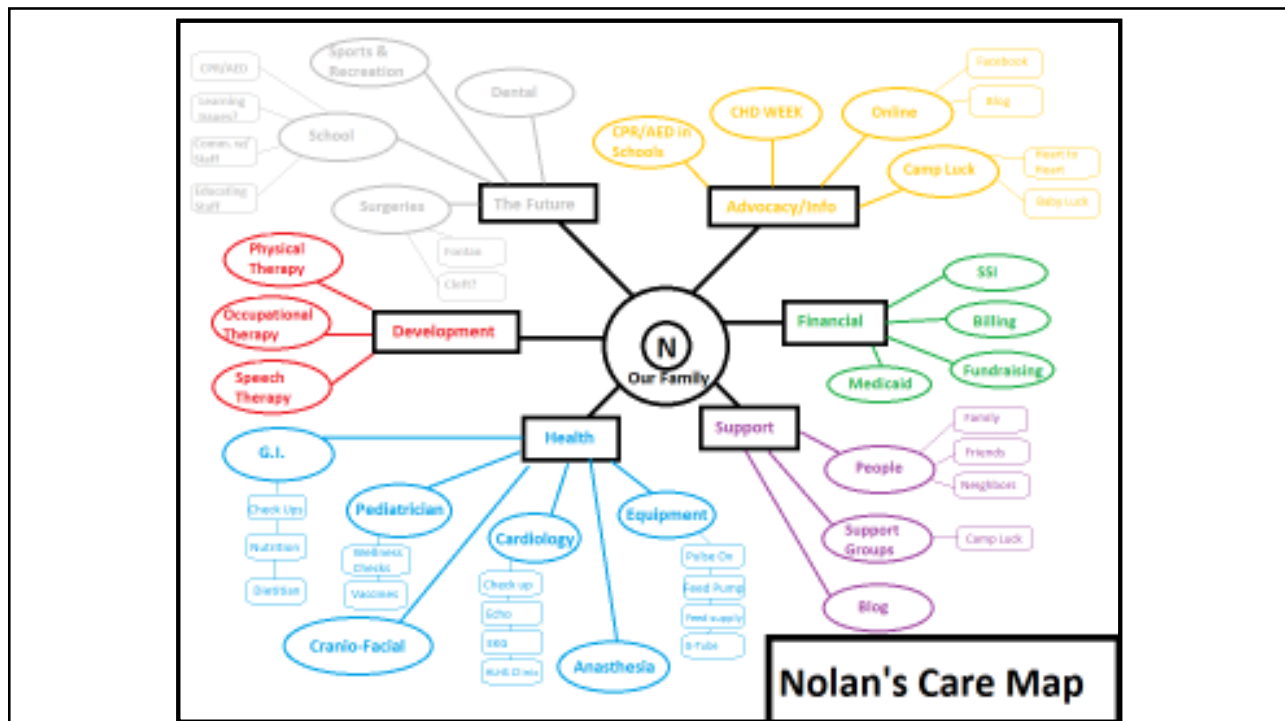
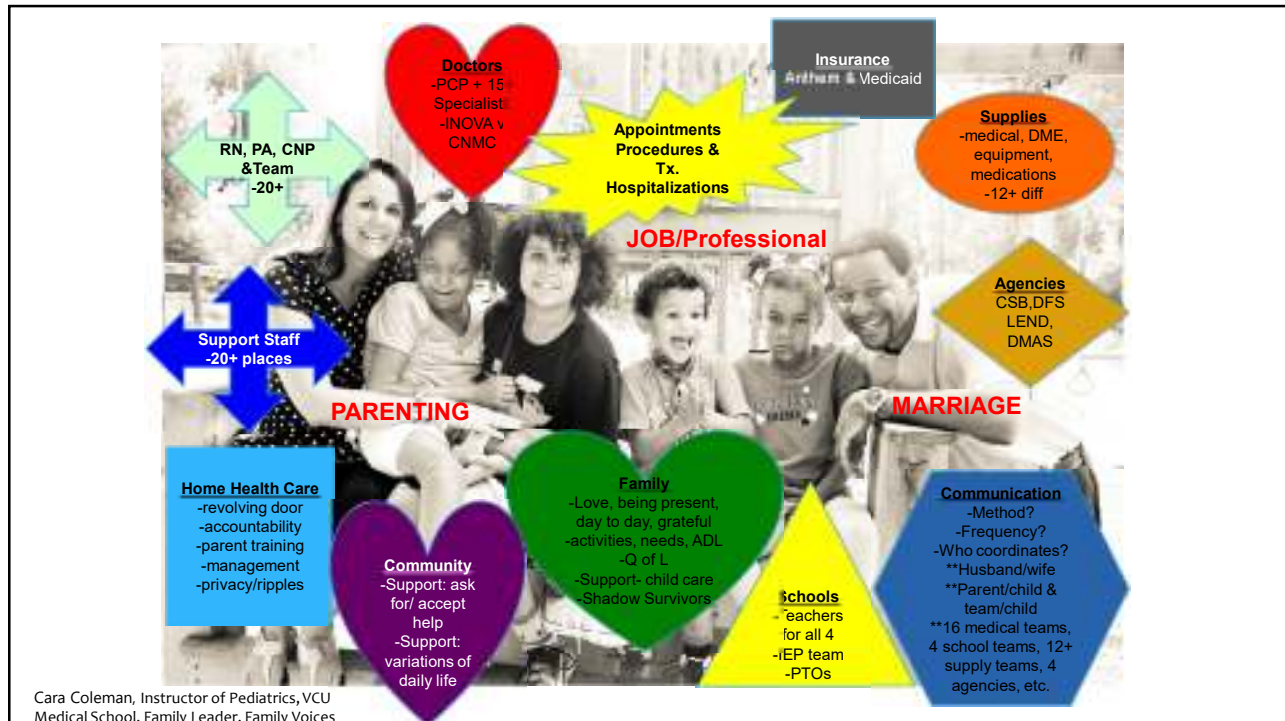





















## Benefits of a Care Map


- Everything is in one place!
- Shows the big picture with small details
- Can be shared

## Care Map is a Living Document

- \* Items can be added to at any time
- \* Items can be deleted
- \* Items can be re-arranged
- \* As your child changes, so does your care map

Now Its Your Turn		
<p><b>Important Family Members</b></p> <p>Immediate family Extended family Friends like family</p> 	<p><b>Recreation/Community/Social</b></p> <p>Special Olympics After School Program/Clubs Adaptive Classes Summer Camps Hippo Therapy</p> 	<p><b>Legal/Financial</b></p> <p>Trust/Estate Attorney Economic Services Social Security Employment</p> 
<p><b>Health</b></p> <p>Doctors Insurance/Medicaid Dentist Hospital Pharmacy/Medications Specialists OT/PT/Speech Equipment</p> 	<p><b>Education</b></p> <p>School Transportation Special Education Regular Education School District Nurse Case Manager Lunch / Recess</p> 	<p><b>Home Care</b></p> <p>Respite Private Duty Nurse Personal Care Worker Home Health Services Guide Dog Child Care Vacation</p> 
<p><b>Social Services</b></p> <p>Case Manager Programs WIC Birth to Three Early Intervention Waiver Programs</p> 	<p><b>Advocacy and Information</b></p> <p>Children &amp; Youth with Special Health Care Needs ABC for Health Family Voices of WI Representatives – local, state, national</p> 	<p><b>Support</b></p> <p>Spiritual Community Parent to Parent Parent Support Groups SIBShops Blogs</p> 

- Reflect on your experience
- Ask yourself how you feel when you look at the map
- Share it with trusted members of your child's care team



## Resources

- The Utility of Care Maps for Children with Medical Complexity - Sherri Adams (Jan 2018) <https://www.youtube.com/watch?v=dNeSXtAMs9Q> (2:47)
- Patient Engagement Resources: Care Maps And Clinical Trials <https://www.youtube.com/watch?v=AMMbKXIU6X8> (stop at 3:29)
- Organizing Care and Relationships for Families: Care Map <http://www.childrenshospital.org/integrated-care-program/care-mapping>
- A picture paints a thousand words: Care maps help families identify what matters most (Nov 9, 2017) <https://blog.chw.org/2017/11/a-picture-paints-a-thousand-words-care-maps-help-families-identify-what-matters-most/>
- Coordinating Your Child's Health Care Web-training <http://www.familyvoicesofwisconsin.com/trainings/care-coordination/>
- Care Mapping: A How-to Guide for Patients and Families (handout)

## Thank You!

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