

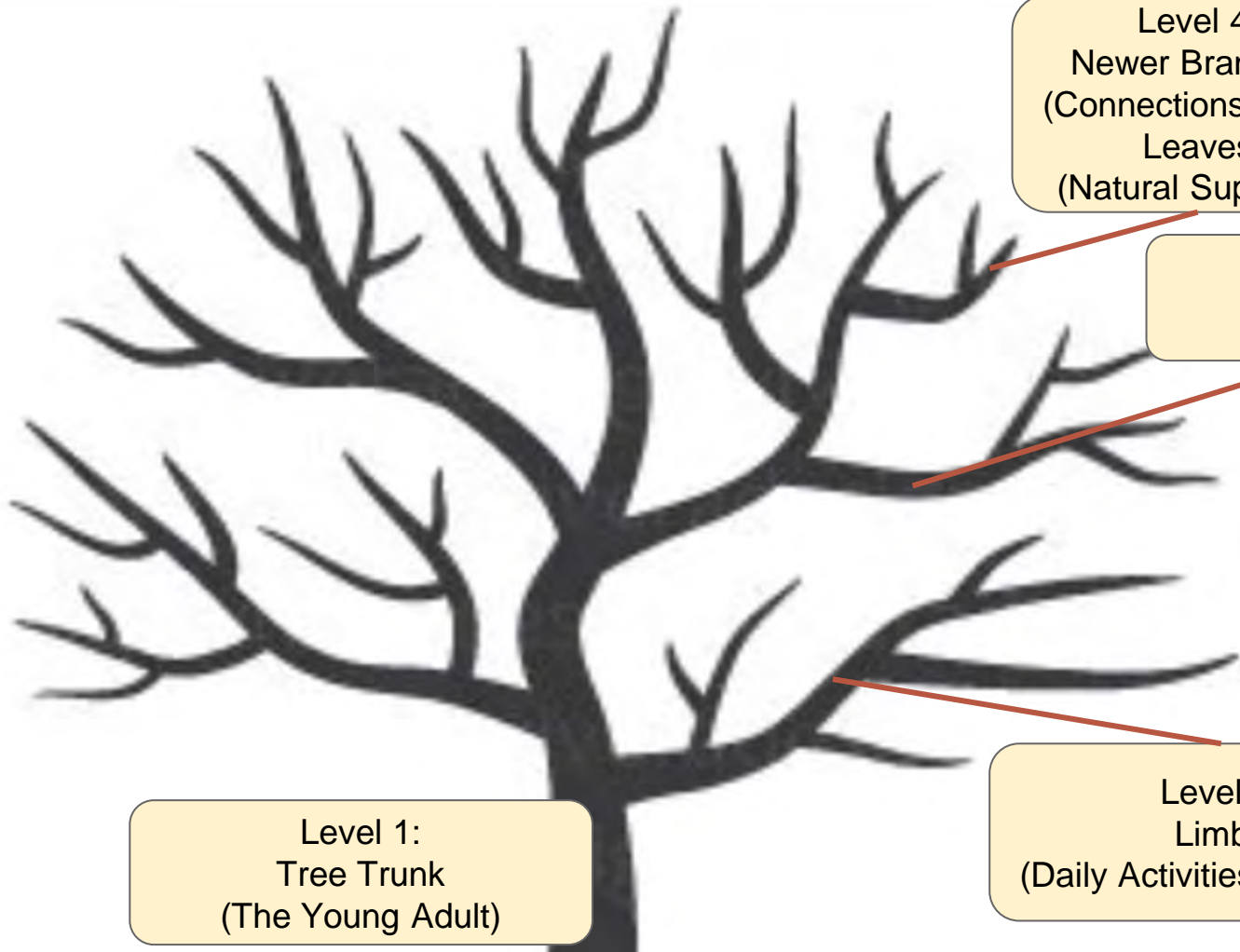
Growing into Your Community: Transition Into Adulthood



Ice Breaker

Community Mapping:

Where are you already connected
within your community?

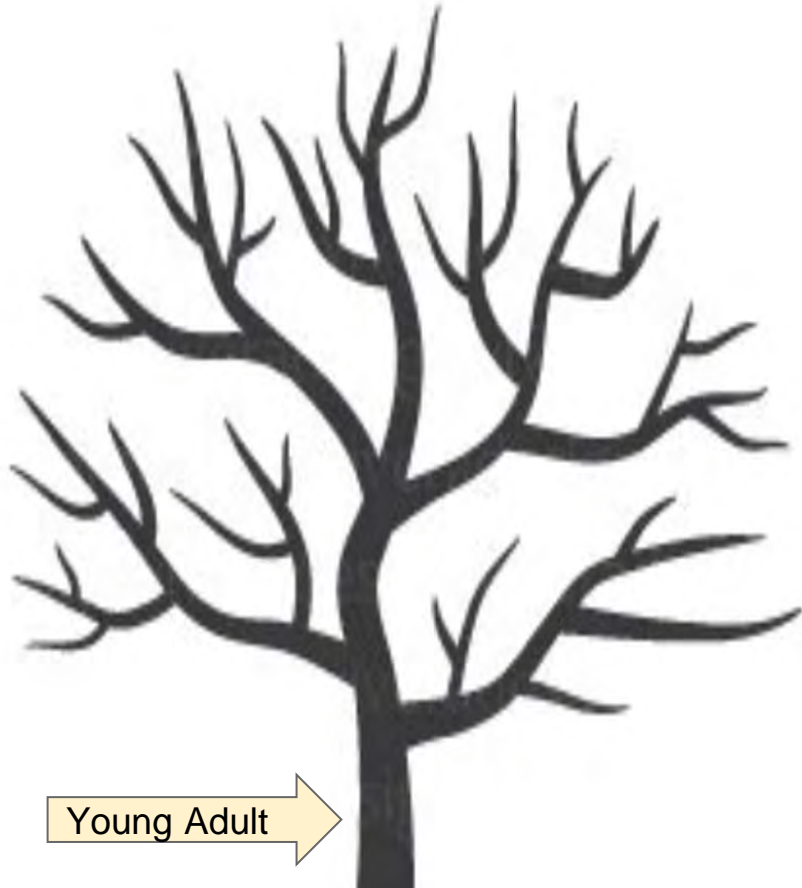


Level 1:
Tree Trunk
(The Young Adult)

Level 2:
Limbs
(Daily Activities/Locations)

Level 3:
Branches
(Interests)

Level 4:
Newer Branches
(Connections Made)
Leaves
(Natural Supports)



Level 1:
We need to start with the young adult to help create those connections. Each young adult is different, just like every tree is different.



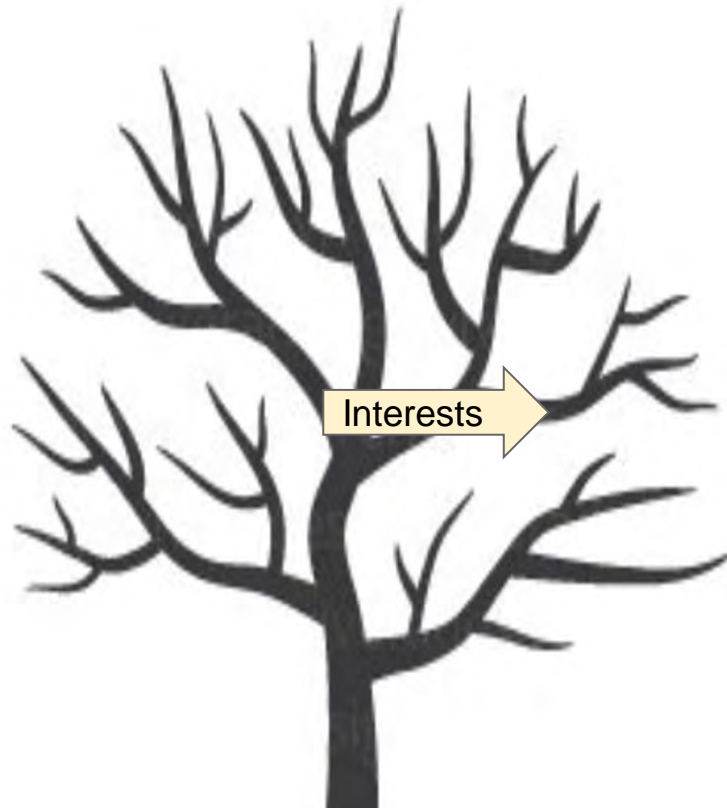
Level 2:

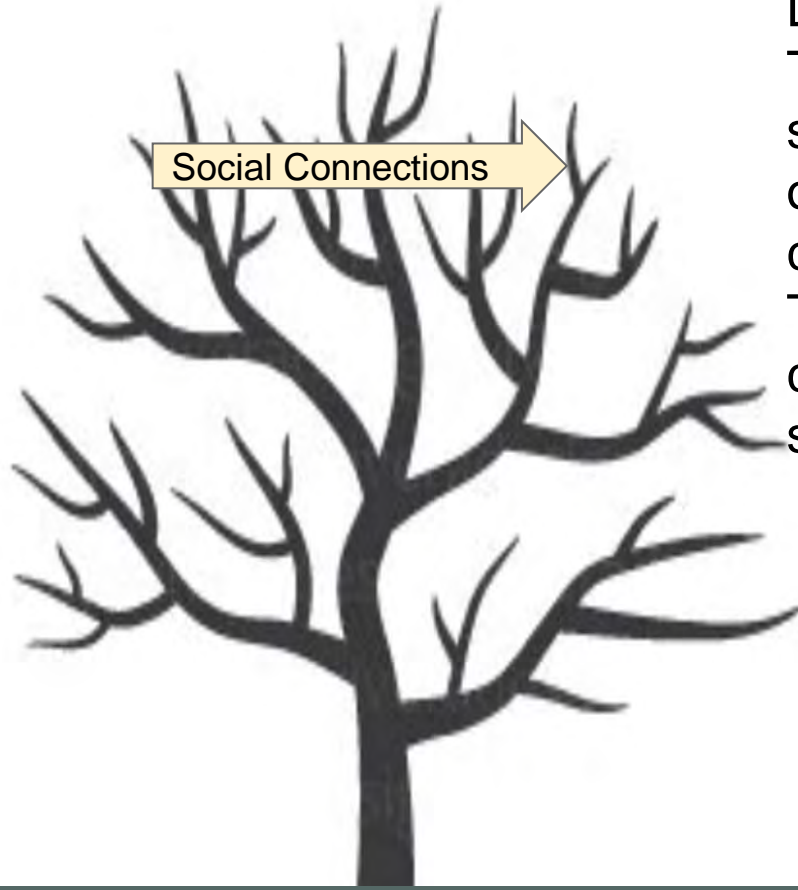
The limbs are a great starting point for connections. These limbs should be daily activities or how the young adults likes to spend their time. Some examples can be school, work, sport teams, interests, etc.

The Daily Activities

Level 3:

The Branches should start the connections. This could be where the young adult does the activities, someone they always go with, or an interest they want to explore.





Social Connections

Level 4:

The Newer Branches (twigs) are the social connections made. These could be other people the young adults has connected within the activities/group, etc. Think of the Leaves as those personal connections that grow into natural supports.

Worksheet

In small groups or independently, fill out your Connection Tree with interests, potential activities, and connections.

Share-out Question

Can you think of a young adult who could use this method—or a way to use this personally?